

What is claimed is:

1 1. A therapeutic system for the symptomatic treatment
2 of rhinitis comprising:

3 (a) two dosage units pharmaceutically devised for use
4 with each other to comprise a single, coordinated treatment
5 regimen, a first of said dosage units being non-sedating, a
6 second of said dosage units being non-stimulating;

7 (b) one of said dosage units including antihistamine;

8 (c) the other of said dosage units including nasal
9 decongestant;

10 (d) a pharmaceutical dispensing container prefilled with
11 said dosage units, said container including indicia for
12 distinguishing between said first dosage unit and said
13 second dosage unit, and including [coordinated administration
14 instructions instructing the coordinated use of said dosage
15 units according to said regimen] such that said first dosage
16 unit is for administration when sedation is not desired, and
17 said second dosage unit is for administration when
18 stimulation is not desired.

1 2. The therapeutic system of claim 1 wherein said
2 antihistamine is non-sedating.

1 3. The therapeutic system of claim 1 wherein said
2 antihistamine is sedating.

1 4. The therapeutic system of claim 1 wherein said
2 antihistamine has a long half-life and is instructed for
3 dosing at bedtime.

1 5. The therapeutic system of claim 1 wherein said
2 antihistamine is sedating, has a long half-life, and is
3 instructed for dosing at bedtime.

1 6. The therapeutic system of claim 1 wherein said
2 antihistamine is non-sedating, and is instructed for dosing
3 when stimulation is not desired and when sedation is not
4 desired.

1 7. The therapeutic system of claim 1 wherein said
2 antihistamine is chlorpheniramine.

1 8. The therapeutic system of claim 1 wherein said
2 decongestant is pseudoephedrine.

1 9. The therapeutic system of claim 1 wherein said
2 decongestant is phenylpropanolamine. —

1 10. The therapeutic system of claim 1 wherein said
2 dosage units are oral medications.

1 11. The therapeutic system of claim 1 wherein said
2 container is a blister pack.

1 12. The therapeutic system of claim 1 wherein said
2 container incorporates bottles containing liquid
3 medications.

1 13. The therapeutic system of claim 1 wherein said
2 container incorporates bottles containing solid medications.

1 14. The therapeutic system of claim 1 wherein said
2 container incorporates multiple doses of each of said dosage
3 units.

1 15. The therapeutic system of claim 1 wherein said
2 container incorporates single doses of each dosage unit.

1 16. The therapeutic system of claim 1 wherein said
2 indicia is incorporated with said container at the time of
3 manufacture.

1 17. The therapeutic system of claim 1 wherein said
2 instructions are incorporated with said container at the
3 time of manufacture.

1 18. The therapeutic system of claim 1 wherein said
2 regimen achieves both antihistamine and decongestant
3 therapeutic effects when sedation is not desired.

1 19. A method for the symptomatic treatment rhinitis
2 comprising the steps of:

(a) pharmaceutically devising two dosage units for use with each other to comprise a single, coordinated treatment regimen, a first of said dosage unit being non-sedating and a second of said dosage units being non-stimulating;

7 (b) including antihistamine in one of said dosage units;

8 (c) including nasal decongestant in the other of said
9 dosage units;

10 (d) prefilling a pharmaceutical dispensing container
11 with said dosage units;

12 (e) including in said container indicia for
13 distinguishing between said first dosage unit and said
14 second dosage unit; and

15 (f) including in said container coordinated
 16 administration instructions instructing the coordinated use
 17 of said dosage units according to said regimen such that
 18 said first dosage unit is for administration when sedation
 19 is not desired, and said second dosage unit is for
 20 administration when stimulation is not desired.

1 20. The therapeutic system of claim 19 wherein said
 2 antihistamine is non-sedating.

1 21. The therapeutic system of claim 19 wherein said
 2 antihistamine is sedating.

1 22. The therapeutic system of claim 19 wherein said
 2 antihistamine has a long half-life and is instructed for
 3 dosing at bedtime.

1 23. The therapeutic system of claim 19 wherein said
 2 antihistamine is sedating, has a long half-life, and is
 3 instructed for dosing at bedtime.

1 24. The therapeutic system of claim 19 wherein said
 2 antihistamine is non-sedating, and is instructed for dosing
 3 when stimulation is not desired and when sedation is not
 4 desired.

1 25. The therapeutic system of claim 19 wherein said
 2 antihistamine is chlorpheniramine.

1 26. The therapeutic system of claim 19 wherein said
 2 decongestant is pseudoephedrine. ✓

1 27. The therapeutic system of claim 19 wherein said
 2 decongestant is phenylpropanolamine.

1 28. The therapeutic system of claim 19 wherein said
2 dosage units are oral medications.